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"Prize fighter to cancer survivor: I am a Happy man... Though I was Paralyzed, in pain, could not breathe, three years I could not contract muscles... Come, See and Learn how YOU can live Life of Joy and Peace no matter what."



IMAGINE! YOUR BODY IS OFFERED AS THE EUCHARIST!

There are four responses to suffering:

1. Rebellious, a rage in God and His people.
2. Resignation, OK, I accept I have to suffer.
3. **Surrender**, while suffering turn to God and offer it up.
4. **WILLINGLY**, before suffering say, "Yes," to suffering.

Let me share with you how we can
Sacramentalize our suffering.

Take Love and Suffering together and offer it up.
It gives sacred significance to it.

You know, during the Mass a Priest lifts the bread above an Altar and says,
"This is My Body which will be given up for you."

Then... you receive the Eucharist.

When you lay in a bed suffering, your bed becomes an Altar.

Jesus, Great High Priest, Himself takes your body into His hands, lifts you up and offers you to the Eternal Father along with Himself and says,
"This is My Body which will be given up for You." You have become (a part of) the Eucharist.

Your suffering will not be in vain.

But first of all Jesus calls you to give your consent to His prayer, to agree to what He is doing. When you join Jesus with His prayer and what He is doing by willingly offering your suffering up then you can apply your suffering, your sacrifice, your share in His Sacrifice to any intention.

Christ makes reparation for the sins of the world on the Cross.

The rest of us are called to enter into that suffering for expiation for our own sins and also to make reparation alongside with Christ for sins of others.